



BMHA MID-SEASON TILT RULES

October 31-November 2, 2025

Team Managers are asked to register their team 45 minutes prior to the start of each of their tournament games.

RULES:

1. Hockey Canada rules & OMHA regulations will govern all games with the following additional rules for the tournament operation.
2. Team must register at the Tournament Office prior to their first game. Teams are to present their Approved Roster and Travel Permit at check-in,
3. All teams are guaranteed 4 games.
4. Only players on the approved roster are eligible to play in the tournament.
5. Teams must be prepared to play up to 15 minutes before their schedules start time.
6. Home jerseys will be white (or lighter colour). If a colour conflict arises, the home team will be asked to wear their alternate set. If the home team does not have an alternate set, the visiting team will be asked to wear their alternate set.
7. If there is a 5-goal spread in the 3rd period, the clock shall become run time until the spread is reduced to less than 5 goals. If during the run time a penalty is assessed, 2-minute penalties will be posted as 3-minutes and 5-minute penalties will be posted as 7-minutes.
8. No time outs in the preliminary games. One 30 second time out per team, per game, in all quarter finals, semi-final and championship games.
9. The Tournament Committee reserves the right to make decisions regarding interpretation of the rules, objections and protests. All decisions are final.
10. Team association rules in effect for all equipment requirements – including mouthguards and neck guards.
11. There will be no protests entertained on referee's decisions. All other decisions on rules, protests and conduct will be made by the Tournament Committee and are final.
 - a. Any team wishing to protest a rule violation must submitted to the tournament office within 20 minutes of the protested game completion.
12. It is the responsibility of the coaches and team officials to ensure that there are 2 team officials (or designated parents) in the dressing room with the players at all times, from the time the players enter the room to the last player leaving. Dressing rooms are to be cleared, inspected and keys left in the dressing room door within 30 minutes of the game ending. The bench and dressing room is to be cleaned by departing team. Any damage

found by arriving team is to be reported to the tournament office. Any damages that occur will be the responsibility of the team and bills for damages will be assessed and could result in the team being expelled from the balance of the tournament.

13. Game duration: stop time in minutes –

Division	Round Robin	Playoffs
U10, U11, U12, U13, U14	10-10-10	10-10-10
U15, U16, U18	10-10-15	10-10-15

14. Pre-game Warm-Ups:

- a. The warm up will be posted at 3 minutes and will not stop until the first stoppage of play, this will allow all games to begin on time and prevent any untimely delays.
- b. Example: Warm Up is 3 Minutes, Period 1 is 10 minutes. Clock will be set at 13 minutes. The clock will not stop until the first stoppage in the play of the game.
Coaches must ensure the players are ready for puck drop at the 10-minute mark.

15. The handshake will take place at the end of the game in a timely manner.

16. Ice will be flooded prior the start of each game.

17. The tournament photographer is authorized to access to the player bench and penalty box to take photographs during play, the photographer assumes all liability.

Tournament Suspensions

18. Any suspension received in the tournament will be served in the tournament where possible. Any fighting penalty will result in immediate tournament expulsion.

19. Tournament suspensions and length of suspension are per OMHA rules. (Check your league to find out if you have to serve your suspensions in your league as well)

20. Any player or coaching staff receiving a Match Penalty is suspended for the rest of the tournament.

21. Referees and tournament officials will have zero tolerance for profanity, obscene gestures, discriminatory slurs and verbal abuse from coaches, players and parents.

22. It is up to each team to find out what, if any, suspensions occurred in their game, by their team, and what suspensions are to be served in the tournament.

23. Any team playing with a suspended player will have that game(s) defaulted by a 3-0 score and the Head Coach suspended for 3 games.

Tie Break

Following are the tie breaking rules for determining Division standings and Wild Card Teams “in order” (once a tie breaking rule is used or not applicable, it will not be used again)

1. Most Points (2 points for a win, 1 point for a tie, 0 points for a loss)
2. Winner of head-to-head game (only if two teams are tied)
3. Goal Differential:
 - $\text{Goals For} \div (\text{Goals For} + \text{Goals Against})$
4. Fewest goals against
5. Fewest penalty minutes in all games played
6. The team that scored the earliest goal in their round robin game involving the tied teams
7. Coin flip (team from farthest away will call the flip, winner of flip gets higher position)

Overtime Rules

24. No overtime in round robin games.
25. Quarter Final, Semi Final, and Championship games:
 - a. if tied a 5 minute 4 on 4 over time will take place (teams do not change ends).
 - b. In the event the game remains tied after 5 minutes a best of three alternating shootout will occur, with the home team shooting second. The coach must indicate on the game sheet the starting three shooters prior to the game. If still tied a sudden victory shootout will commence with the rest of the team's players. No player may shoot twice until all players on the team (except goaltenders) have had a turn. If one team has used all their players on the game sheet then both teams can restart their selection.

At all times, the Tournament Director reserves itself the final word on the interpretation of the rules and has the right to change or alter these rules without any prior notice to act in the best interests of the tournament.